



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre



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Scotland (The ALLIANCE)

Human Rights Based approach to Dementia Care

Why a Charter of Rights?

People with dementia and their carers (family members and friends) have the same human rights as every other citizen. However, it is widely recognised that, in addition to the impact of the illness, they face cultural, social and economic barriers to fulfilling these

- Nature of the illness
- Attitudes in society
- Unmet needs of carers

Background to the Charter



Co-production approach: Involving people and communities



From Community to Parliament

The motion set out:

That the Parliament welcomes the principle of a charter of rights for people with dementia, as proposed by the Cross-Party Group on Alzheimer's; believes that changing attitudes and practices that deny people with dementia their rights is a major challenge facing health and social care groups; notes the recent publication of a number of reports that have highlighted the inefficiencies in the quality of care for people with dementia in the community, in care homes and in long-term hospital care, including the Care Commission report, Better care, every step of the way, and the joint report by the Care Commission and Mental Welfare Commission for Scotland, Remember, I'm Still Me; notes the consultation undertaken over the summer to give people with dementia, their carers, health professionals and care home staff, among other stakeholders, an opportunity to express their views on the issues that they believe a charter should address; welcomes the commitment of Alzheimer Scotland to enable stakeholders to participate by organising roadshows in Irvine, Glasgow, Edinburgh, Dundee and Inverness; acknowledges that the charter of rights is based on internationally agreed human rights and is intended to promote the respect, protection and fulfilment of all human rights of people with dementia and their carers, and therefore welcomes the idea of a charter as both an instrument for enabling culture change and as a tool to empower people with dementia.



What the Charter does?



Panel Approach

It emphasises the rights of everyone to:

Participation - Everyone has the right to participate in decisions which affect them;

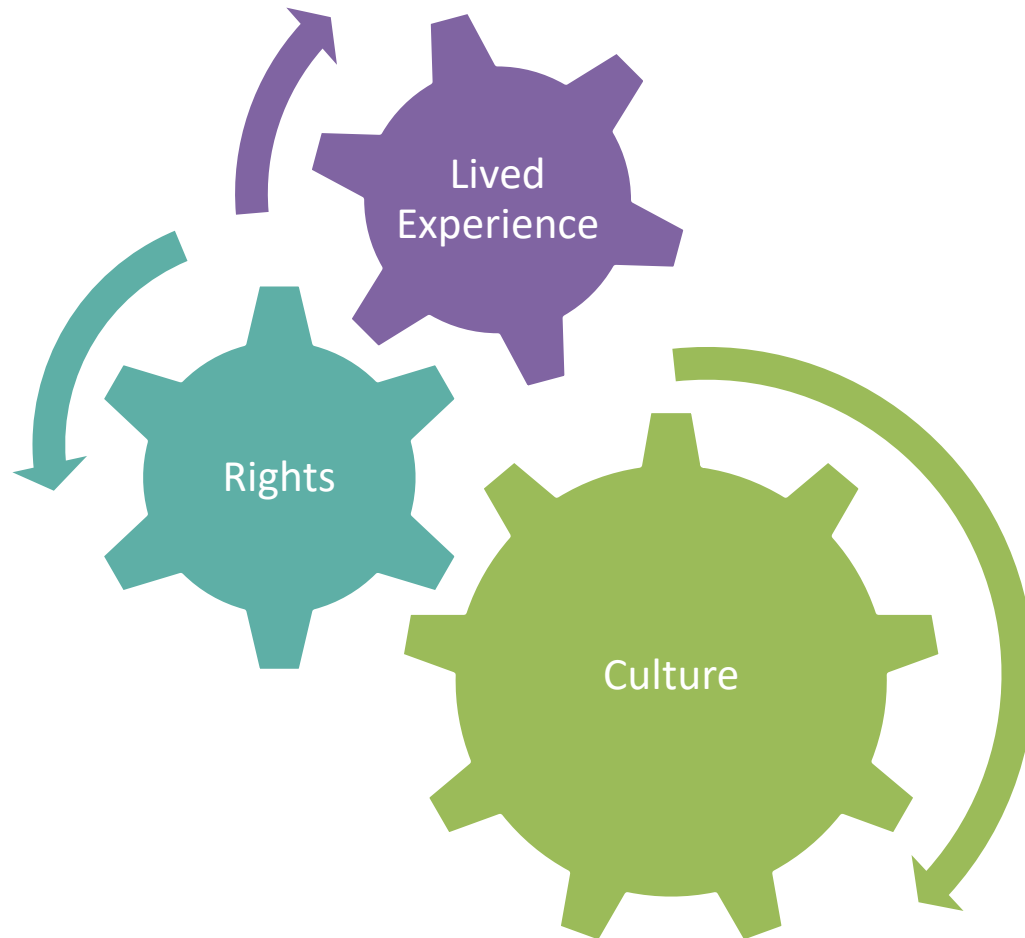
Accountability - Organisations and people need to be accountable for realising human rights;

Non-discrimination and equality - All forms of discrimination in the realisation of rights must be prohibited, prevented and eliminated and real equality should be pursued;

Empowerment - Individuals and communities should be able to understand and affirm human rights;

Legality - The full range of legally protected human rights must be respected, protected and fulfilled.

Embedding Rights and Creating Change



How can we narrow the gap between policy and implementation?

KIC - Keep it
Consistent

KIS - Keep it
Simple

More than 10,000 individuals, hospitals, universities, nurses, students have now pledged.



Using pledges for values based reflective practice

hello my name is...



E-mail: England.sixcslive@nhs.net



@6CsLive #6CsLive



5 “Must do with me!” steps

“

And that is how change happens. One gesture. One person. One moment at a time.

“

Unrelenting focus, on things that really matter to the person

“

We all wake up with a gift of a possible difference
What will you do with yours?
Make it count

1. What matters to you?
2. Who matters to you?
3. What information do you need?
4. Nothing about me without me!
5. Service flexibility

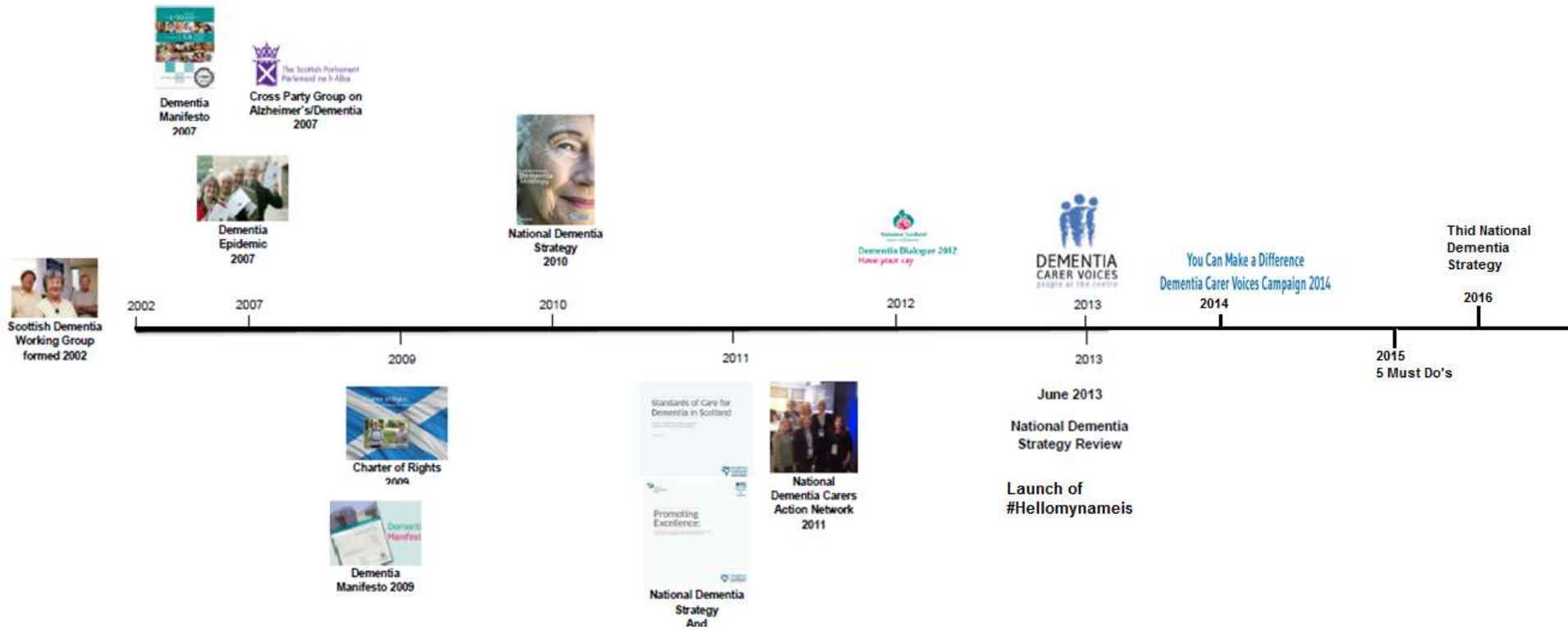
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Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around

Implementing Rights

- Case Study - Mr and Mrs C: SPSO's investigation found failings not just in his treatment but also in hospital staff's understanding of people's rights
- The report identified that the man's care needs had not been adequately assessed, there were no meaningful attempts at rehabilitation or to discharge him home, and his dignity was not respected
- The SPSO recommended that the board apologise to the couple and that, if his wife agreed, they thoroughly assess the man to find out whether he would benefit from physiotherapy and if so, arrange this
- The investigation's recommendations also included improving staff training in the care of people with dementia

Changing landscape



*“A friend knows the song
in my heart and sings it
to me when my memory
fails.”*

Donna Roberts

Thank you!

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