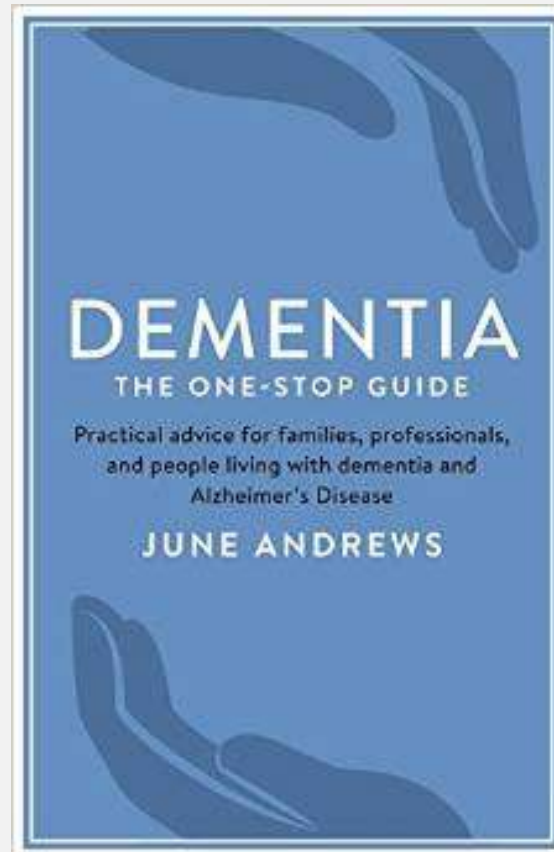


# DEMENTIA THE ONE STOP GUIDE

Professor June Andrews

# DEMENTIA THE ONE STOP GUIDE

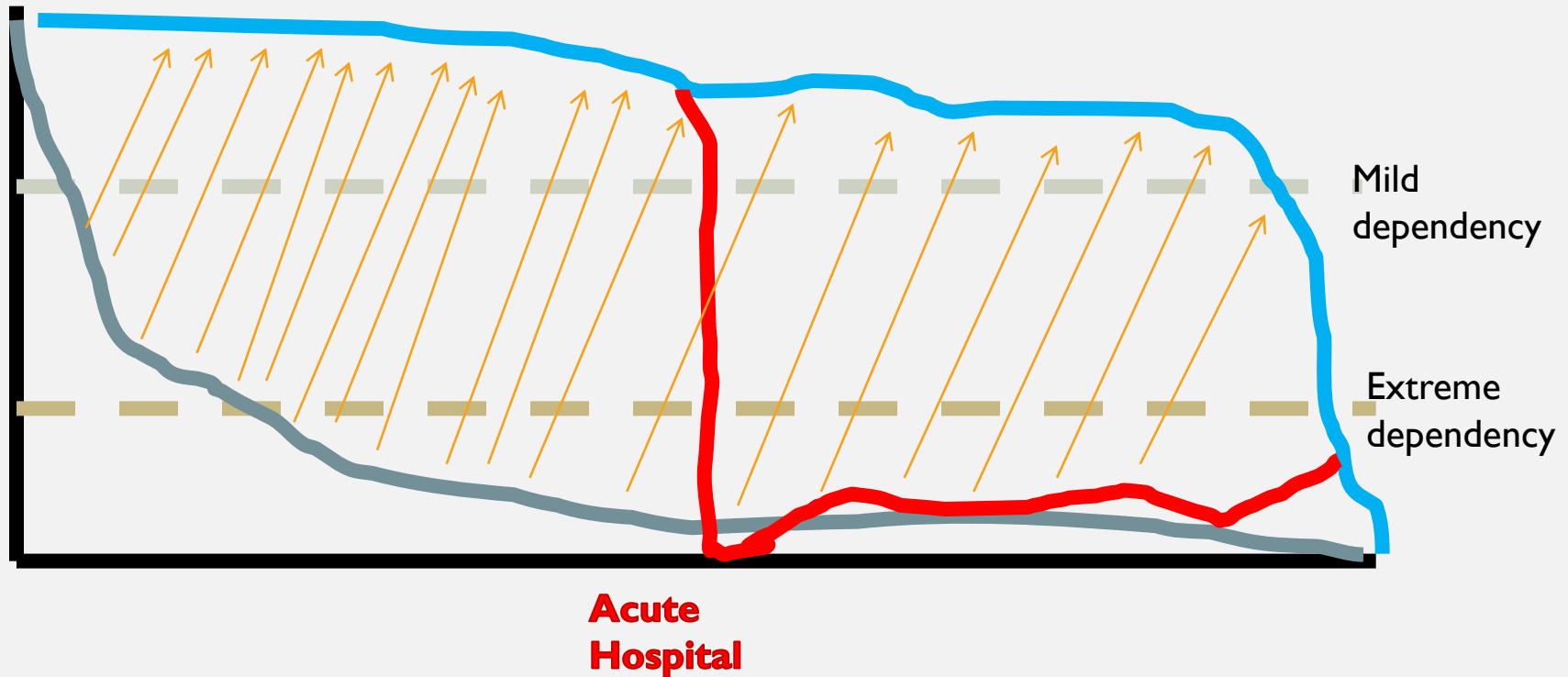


# WHO IS JUNE ANDREWS?



- Nurse
- Writer
- Policy activist
- Dementia specialist
- Professor Emeritus specialising in the public understanding of Dementia

# THE "LEAF MODEL" – WHAT KEEPS PEOPLE WITH DEMENTIA ABOVE THE LINE?



# WHAT IS THE PROBLEM IN DEMENTIA?

- Impairment of memory
- Impairment of reasoning
- Impairment of learning
- Increase of stress
- The normal changes of ageing but at the same time as a reduced capacity to deal with them

## SYMPTOMS VARY AT A DIFFERENT RATE FROM UNDERLYING PATHOLOGY

EXAMPLES OF SYMPTOMS	EXAMPLES OF DISEASES
Agitation and anxiety	Alzheimer's disease
Unintended weight loss	Vascular disease
Memory difficulties	Lewy body disease
Repetitive vocalisation	etc
etc	

## THE SYMPTOMS ARE “DEMENTIA”

EFFECT of intervention ON SYMPTOMS	EFFECT of intervention ON PATHOLOGY
Reduced symptoms	ZERO (possibly)
Reduced “dementia”	
Reduced “carer burden”	
Reduced “cost of care”	
? Better life experience?	

# BEHAVIOURAL PROBLEMS OF GREATEST CONCERN

- Agitation and anxiety
- Aggression
- Depression
- Hallucination
- Sleeplessness
- Wandering



# INTERNATIONAL STANDARDS

- Research involving people with dementia
- Extrapolation from sensory and physical impairment
- International consensus

# STRESS AND DISTRESS

- Stress can quickly develop into distressing behaviour
- The importance of understanding emotions
- How you can step into someone else's world
- The importance of understanding their beliefs and thoughts

# CAUSES OF DISTRESS

- Ageing senses
- Delirium
- Depression
- Pain
- Medication
- Environment

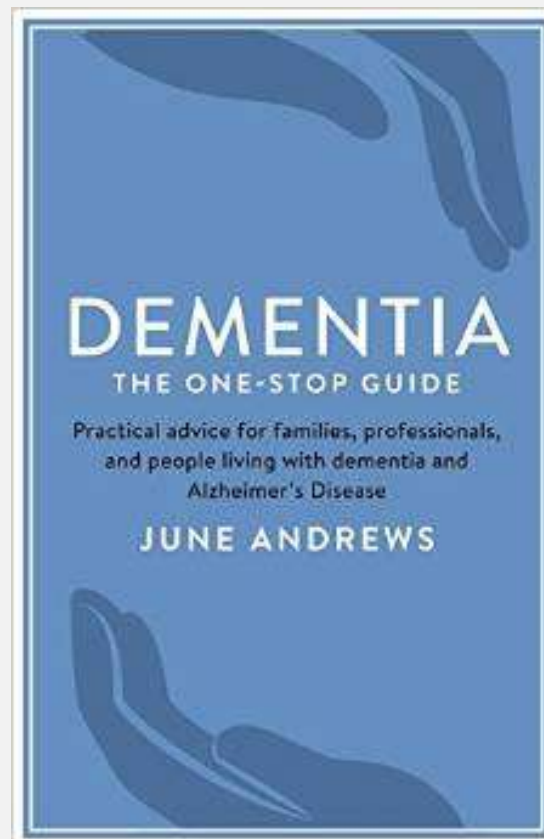
## HINTS ON THOSE BEHAVIOURAL PROBLEMS OF GREATEST CONCERN

- Agitation and anxiety
- Aggression
- Depression
- Hallucination
- Sleeplessness
- Wandering

# YOU CAN ASK ME ANY QUESTION

- [profjuneandrews@icloud.com](mailto:profjuneandrews@icloud.com) email me!
- [www.juneandrews.net](http://www.juneandrews.net) look on my website
- [www.dementia.stir.ac.uk](http://www.dementia.stir.ac.uk) get things from the DSDC website

# DEMENTIA THE ONE STOP GUIDE



# DEDICATION

