Mental Health
Supported Living-
enhancing the offer,
what does the future look like?

Dr Nichola Stefanou, head of clinical practice
Fiona Ramsay, clinical lead for mental health
We are Home Group

We are a registered charity operating in the third sector.

Traditionally we are a large housing provider looking after 120,000 people a year, managing 55,000 homes.

Annually we work with 30,000 vulnerable people delivering specialist and supported services for people with complex health and social care.

Our New Models of Care strategy will deliver care services that make a difference focusing on long-term impact.

We believe re-ablement support services for mental health, learning disability and older customers fosters independence.

We promote the integration of health, housing and care.
Our ambition

To provide a mental health services that is recovery focused and encompasses a person’s physical and psychological needs.

To provide a one stop shop in the community for the whole community.
Achieving our ambition

We aim to:

• Design and deliver person-centred care, underpinned by evidence, which supports people to lead fuller, happier lives

• Meet the objectives of building capacity within community-based services to reduce demand and release capacity from the acute sector and in-patient beds

• Work with the two-thirds of additional people receiving services with co-morbid physical and mental health conditions or persistent medically unexplained symptoms

• Acknowledge that new integrated services are critical to building care holistically around the needs of the person to improve their outcomes and support them to achieve wellbeing

• Design services that incorporate the need for expansion of psychological therapies services by building skills and capacity in the workforce
Are we missing an opportunity?

Approximately 1 in 4 people in the UK will experience a mental health problem each year.

In England, 1 in 6 people report experiencing a common mental health problem (such as anxiety and depression) in any given week.

By 2030, it is estimated that there will be approximately 2m more adults in the UK with mental health problems than there were in 2013.

Published April 2017.


Are we missing an opportunity?

Housing is more than bricks and mortar – take a look at Home View in Blackpool, a step-down service delivered with Lancashire health care trust.
Are we missing an opportunity?

Our step down services are delivering results -

A step down service annual investment of £1.9m could deliver enough in savings to close down a ward for 24 people and deliver annual saving excess of costs of £500k.

Providing a 12 bed alternative to an admission service could save £751,965 on traditional care - savings would pay for the annual cost of the service within just 7 months of operating.

Solihull respite units prevented hospital admission for 13 people in its first two months.

Self-reported wellbeing showed a 26% improvement.

Norfolk step-down service approximately saves £3,500 per person compared to a hospital stay.
The future should and will include:

A workforce that has -
“expertise in employment, benefits and housing as well as treatment and care”

“A model that responds to poverty, poor housing, emotional trauma, lack of education, and psychological and social resources, that challenges structural inequalities such as disparities in life chances and opportunity”

So.........

Quotes from Starting Today, Mental Health Foundation 2013
Transforming the workplace

By using psychologically informed support practice we will be able to:

- Build capacity and competence to have evidence based psychologically aware conversation

- Integrate services so that care is truly person centre and recovery focused by using more creative models

- Offer a holistic approach by working with all elements of a person from their physical and mental wellbeing

We will make every contact count
Questions?