The Future of Mental Health in England and the Five Year Forward View

Professor Tim Kendall
National Clinical Director for Mental Health
NHS England and NHS Improvement

Govconnect Mental Health Conference
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The report in a nutshell:

- 20,000+ people engaged
- Designed for and with the NHS Arms’ Length Bodies
- All ages (building on Future in Mind)
- Three key themes in the strategy:
  - High quality 7-day services for people in crisis
  - Integration of physical and mental health care
  - Prevention and early intervention
- Plus ‘hard wiring the system’ to support good mental health care across the NHS wherever people need it
- Focus on targeting inequalities
- 58 recommendations for the NHS and system partners
- £1bn additional NHS investment by 2020/21 to help an extra 1 million people of all ages
- Recommendations for NHS accepted in full and endorsed by government

Simon Stevens: “Putting mental and physical health on an equal footing will require major improvements in 7 day mental health crisis care, a large increase in psychological treatments, and a more integrated approach to how services are delivered. That’s what today’s taskforce report calls for, and it’s what the NHS is now committed to pursuing.”

Prime Minister: “The Taskforce has set out how we can work towards putting mental and physical healthcare on an equal footing and I am committed to making sure that happens.”
5 Year Forward View for Mental Health: over-arching themes

• Reduce our dependence on institutional solutions to people’s (mental) health problems – and make them high quality when we do use them

• Create more/better alternatives to institutional care – primary, community and home care/treatment – acute, crisis and non-acute .... And self-help

• Integrate mental health and physical health care into the health service at all levels and in all parts of NHS [and ?schools?]  

• Help mothers, children and young people – prevention, secondary prevention, early intervention – across the lifespan

• Timely access to what works – and focus on what has the chance to produce lasting change (work, psychological therapies, self management)
In response to the taskforce report, and with new funding, the NHS is delivering a programme of transformation across the NHS so that by 2020:

- 70,000 more **children** will access evidence based mental health care interventions
- Intensive home treatment will be available in every part of England as an alternative to hospital. **Older People**
- No acute hospital is without all-age mental health liaison services, and at least 50% are meeting the ‘core 24’ service standard **Older People**
- At least 30,000 more women each year can access evidence-based specialist perinatal mental health care
- 10% reduction in suicide and all areas to have multi-agency suicide prevention plans in place by 2017 **Older People**
- Increase access to evidence-based psychological therapies to reach 25% of need, helping 600,000 more people per year **Older People**
- The number of people with SMI who can access evidence based Individual Placement and Support (IPS) will have doubled
- 280,000 people with SMI will have access to evidence based physical health checks and interventions **Older People**
- 60% people experiencing a first episode of psychosis will access NICE concordant care within 2 weeks including **children**
- Inappropriate out of area placements (OAPs) will have been eliminated for adult acute mental health care
- New models of care for tertiary MH will deliver quality care close to home reduced inpatient spend, increased community provision including for **children** and young people
- There will be the right number of CAMHS T4 beds in the right place reducing the number of inappropriate out of area placements for **children** and young people
750 more women should receive access to specialist perinatal MH through these 20 sites in 2016/17

- Four new mother baby units implemented

8 beds commissioned to immediately increase in-year capacity and treat more women
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Next year, 35,000 more Children and Young People will access treatment

35,000 more CYP expected to receive treatment in 2017/18

Additional £170mill investment to expand community services

Average of 8% year-on-year increase in capacity in each community team

Joint Department Health and Department Education Green Paper

✓ Sponsored by two Secretary of States

✓ Will deliver by Autumn 2017 alongside a SoS review of effectiveness of psychiatric interventions in schools
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This year, more than 10,000 people with a first episode psychosis started treatment with a specialist team.

- National access and waiting time standard was introduced for mental health, for Early Intervention in Psychosis (EIP) services.

- More than 10,000 people experiencing a first episode psychosis started treatment with a specialist team, with more than 77.6% starting treatment within two weeks, in November 2016.

• NHS Benchmarking Network data shows:
  - 12% increase in referrals
  - matched by 9% increase in staff
  - increased coverage of services,
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Intensive home treatment will be available in every part of England as an alternative to hospital. Older People

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Acute Out of Area Placements

• For the first time, national data has been published; a crucial first step to eliminating the inappropriate use of such placements

• We will provide a targeted local support through a National Quality Improvement Network to eliminate the inappropriate use of adult acute out of area placement (OAPs)

• 2017/18 new investment to support crisis resolution and home treatment teams operate in line with evidence

Publish, by July 2017, a formal response to the review of Acute Adult Psychiatric Care led by Lord Crisp

‘Out of area treatments cause problems for patients and for their families and carers. Geographical separation from a patient’s support networks can leave them feeling isolated and delay recovery.’
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Aim to achieve 3,000 new therapists co-located in primary care.

New employment advisors supporting people in IAPT in Quarter 1, 2017/18.

Over 600 new training places available to increase skilled therapists.

Ahead of targets:
- 87.8% people entering treatment waited less than 6 weeks
- 98.3% waited less than 18 weeks

30,000 people will be treated in integrated settings including primary care in 2017/18.

North East Hampshire & Farnham CCG
Richmond CCG
Hillingdon CCG
Oxfordshire CCG
Portsmouth CCG
NEW Devon CCG
Coastal West Sussex CCG, Crawley and Horsham CCG, Mid Sussex CCG.
Progress made in many other areas of work...

New Models of Care for forensic and Tier 4 CAMHS
• For example Crisis teams for CAMHS

Digitalisation
• Global digital exemplars
• NICE Digital therapies

Non-acute Out of Area Placements
• Locked rehab
• Tier 4 CAMHS

Suicide prevention
• National Suicide Prevention Strategy refreshed by Government
• £25 Million over 3 years to reduce suicides by 10%

CQUINS and Quality Premiums and new best practice tariff
• Physical health of people with SMI
• A&E
• OAPs
• Tariff
Risks and ‘issues’

• Money
• Workforce
• Data
• Social Care
• NHSE and NHSI and the ALBs
• The longer term future