

Dementia

Alistair Burns

**National Clinical Director for
Dementia & Older People's Mental
Health**

Dementia rarely travels alone

- **80% of people with dementia have another long term condition**
- **Diabetes: twice the risk of dementia**
- **Cardiovascular disease: increased risk of dementia (a third)**
- **30 times more likely to develop delirium**
- **Delirium: increased risk of developing dementia**
- **100,000 people with dementia have sight loss**
- **Deafness a risk factor for cognitive impairment**
- **Parkinson's disease: 80% cognitive impairment after ten years**
- **Down syndrome and learning disability associated**

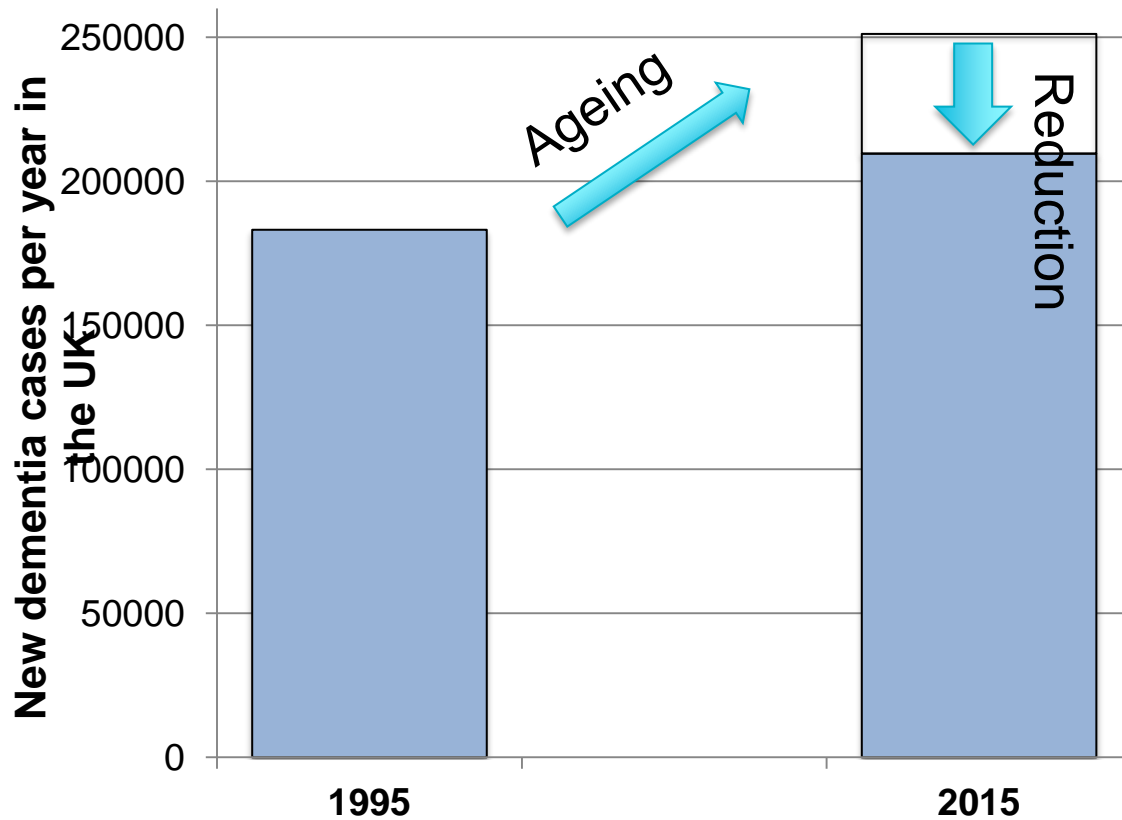
Preventing well

Diagnosing well

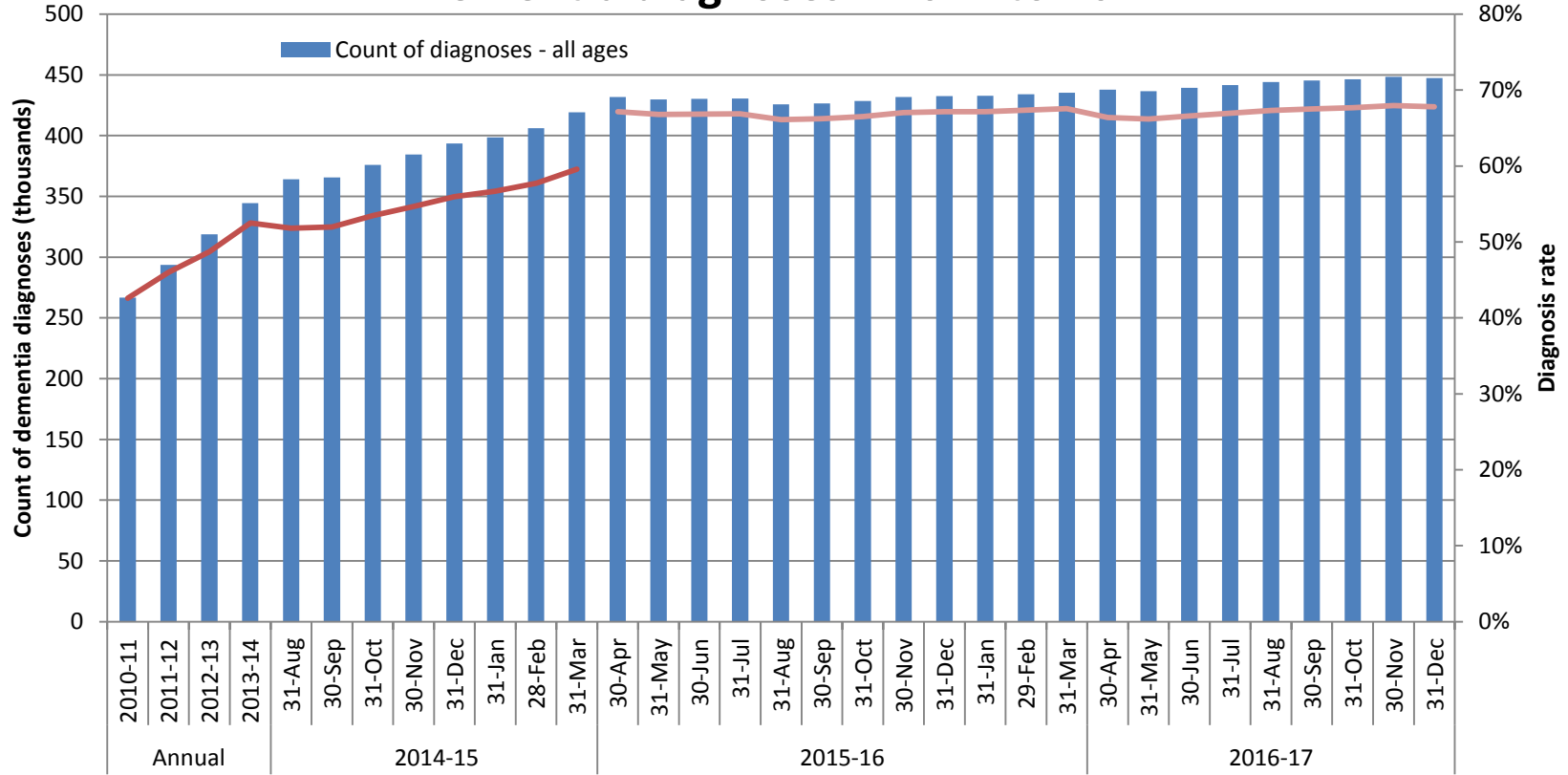
Supporting well

Living well

Dying well



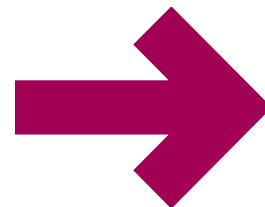
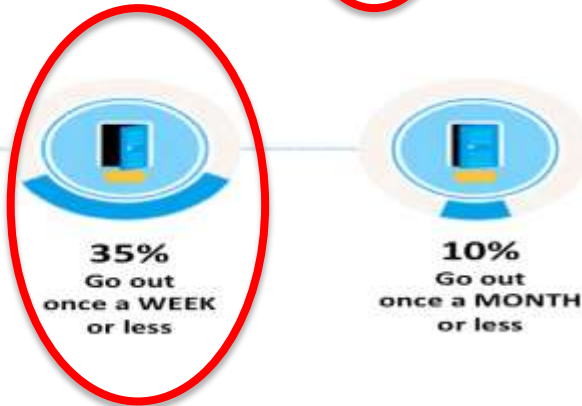
Dementia diagnoses – 2011 to 2017



People with dementia feel their biggest barriers To participating in their local area are:

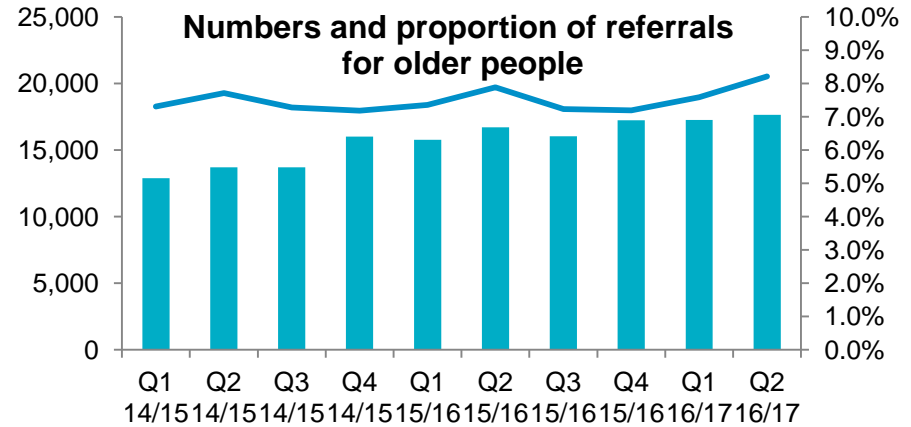


When asked how often they left the house:



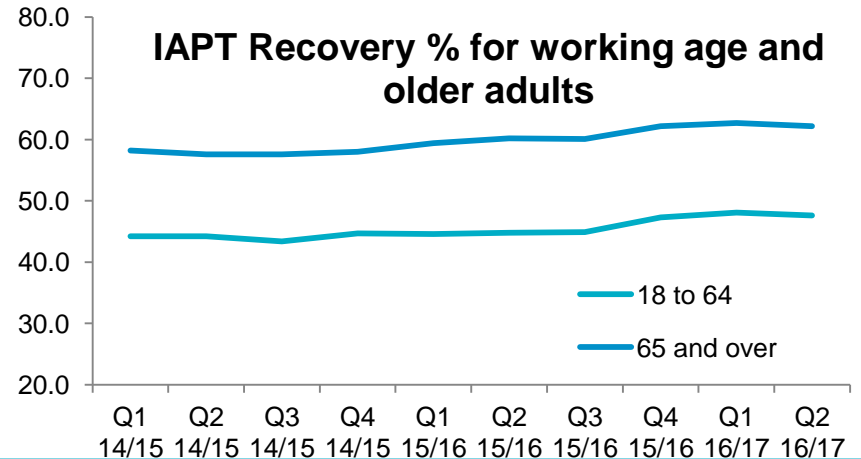
Improving Access to Psychological Therapies (IAPT) Accessing treatment

- Older people are underrepresented among the population accessing IAPT.
- The proportion of people over 65 years old referred to IAPT (8.2%) is improving, but lower than their share of the general population (approx.12%).
- 2017/18 and 18/19 Quality Premium includes an incentive for CCGs to improve access for older people



Recovery

- Once referred, a similar proportion of older adults complete treatment compared to their working age counterparts.
- Recovery rates for older people consistently outperform working age people: 62.2% in Q2 2016/17 compared to 47.6% for working age adults.



PHE Fingertips Tool

<https://fingertips.phe.org.uk/profile-group/mental-health/profile/dementia>

Clinical Commissioning Group Improvement and Assessment Framework

<https://www.england.nhs.uk/commissioning/ccg-assess/iaf/>

<https://www.england.nhs.uk/stps/>

NHS Right Care

<https://www.england.nhs.uk/rightcare/intel/cfv/data-packs/>

Dementia United

<http://dementiaunited.net/>

Dementia Advisers

<https://www.alzheimers.org.uk>

Dementia Pathway

<https://parkinsonsacademy.co/2017/02/15/new-dementia-toolkit>

NHS Benchmarking

<https://www.nhsbenchmarking.nhs.uk/>

Modelling Dementia

<http://www.modem-dementia.org.uk>

Care planning

<https://www.england.nhs.uk/mental-health/resources/dementia/>

Dementia perceptions

Alistair.burns@nhs.net

07900 715549