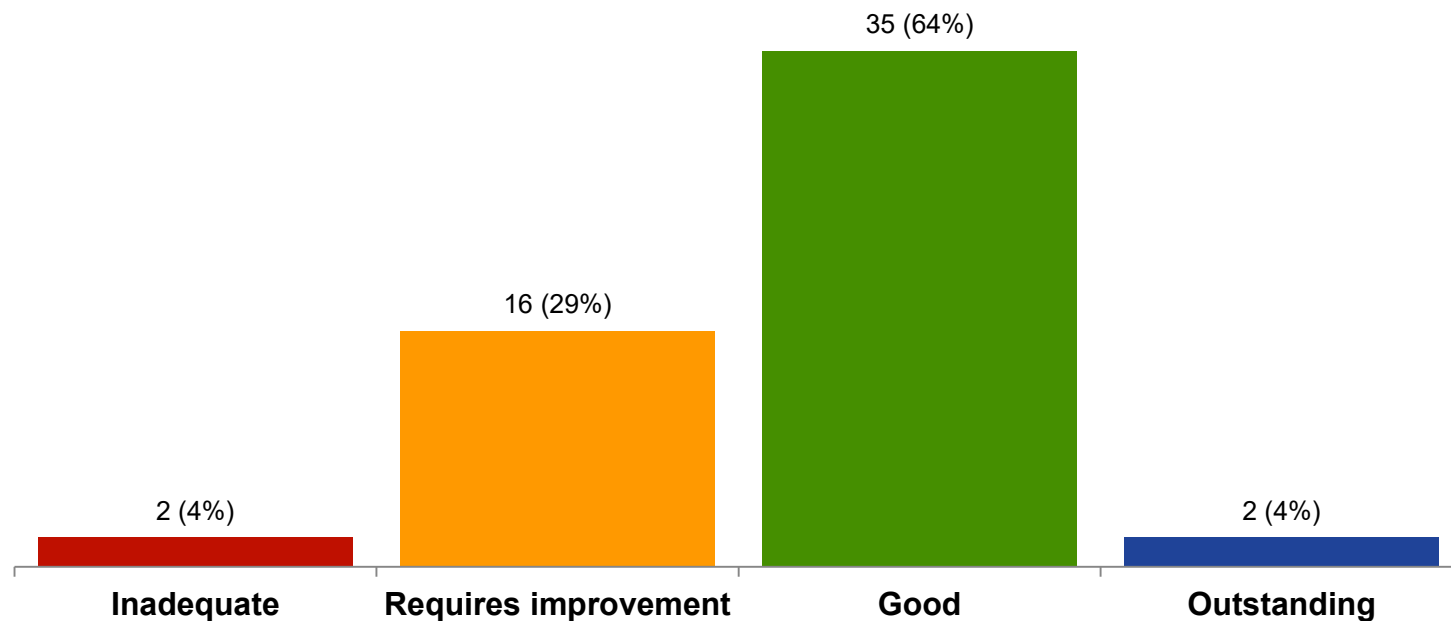




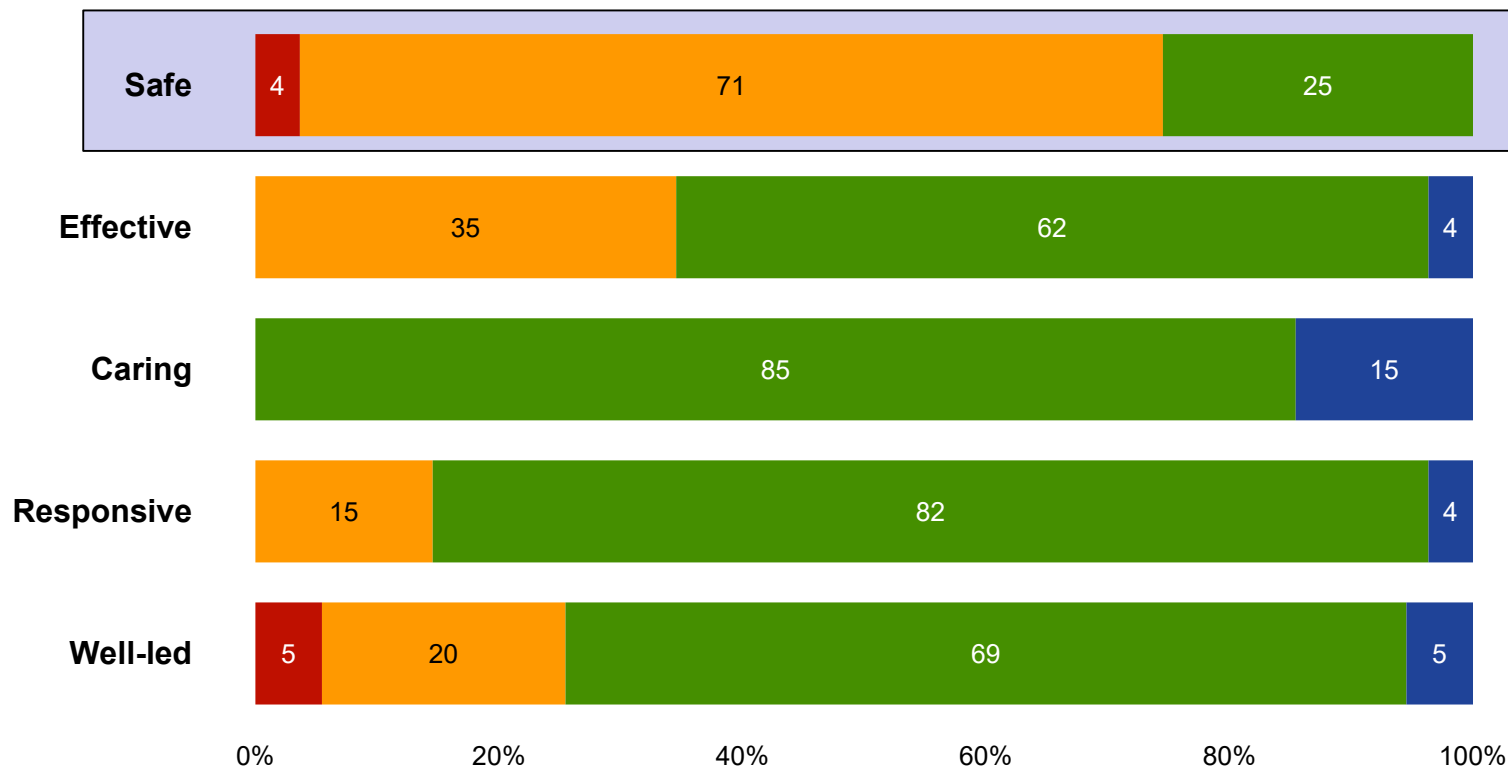
The Quality of mental health care in England

Alexandra Blohm – Mental Health Policy Manager

The overall picture in mental health trusts in England



Safety is our biggest concern

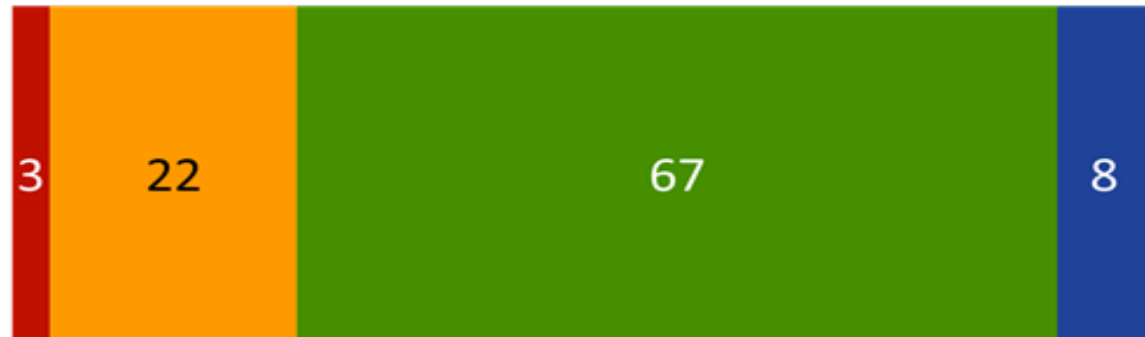


Our core work in Children and Young people's mental health

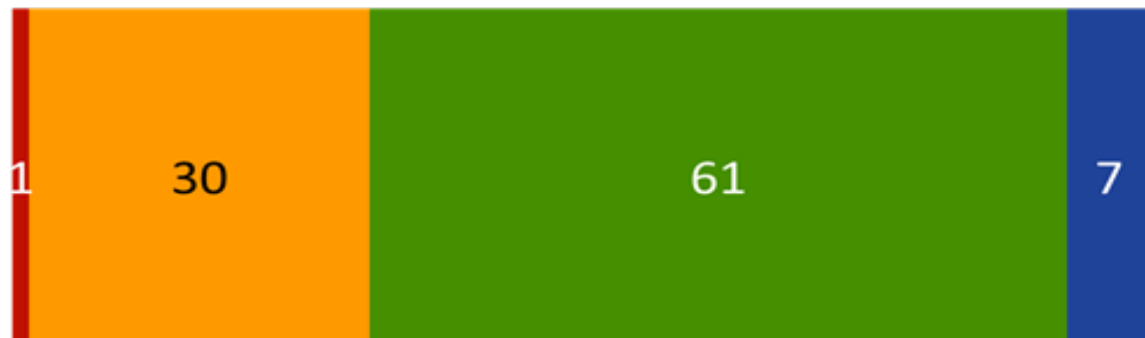


Current Core Service rating for all NHS trusts and independent hospitals

Child and adolescent mental health wards (60)



Specialist community mental health services for children and young people (67)



24 January 2018

Our biggest concern is about safety



For both NHS and independent mental health services overall, and for eight of the 11 core services, **safe was the key question** that we most often rated as requires improvement or inadequate.



As of 31 May 2017:

- 36% of NHS core services and 34% of independent core services were rated as requires improvement for safe
- Further 4% of NHS core services and 5% of independent core services were rated as inadequate for safe.



What do we mean by that?

- During our monitoring and inspection responsibilities we identified a number of specific challenges.
- We found in our State of Mental Health services report 2014-2017 that there were some key concerns around safety. We have been working proactively with the sector to start to address them.



Our concerns with the mental health sector

Poor physical environment of mental health wards

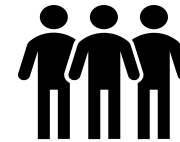


Sexual safety on mental health wards



Use of physical restraint

High number of rehabilitation wards out of area



Mental healthcare for people with physical health problems

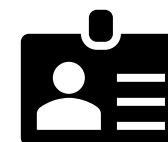
Physical health of people with mental health problems



Clinical information systems



High secure hospitals



Staffing

Our priority



Our top priority is to improve the care of people with the most severe and enduring forms of mental illness



Five year forward view commitments



CQC listed in 57 recommendations in the five year forward view for mental health, but we are directly leading on **two key areas:**

- Working to integrate the regulation of Children and Young Peoples mental services
- Focusing on mental health in inspection approach

Care Quality Commission	Integrated regulation of CYP services	The CQC should work with Ofsted, Her Majesty's Inspectorate of Constabulary and Her Majesty's Inspectorate of Probation to undertake a Joint Targeted Area Inspection to assess how the health, education and social care systems are working together to improve children and young people's mental health outcomes.
	Quality inspection across settings	<p>The CQC should develop regulation and inspection of NHS-funded services to include mental health as part of its planned approach to assessing the quality of care along pathways and in population groups, beyond the inspection of providers. Within its strategy for 2018–2020, the CQC should also set out how it will strengthen its approach to:</p> <ul style="list-style-type: none">• How it inspects primary medical services, acute and adult social care services, so that it assesses whether these services are providing high-quality care for people with mental health problems• Inspect providers on the quality of co-production in individual care planning, carer involvement and in working in partnership with communities to develop and improve mental health services (drawing on good practice such as the 4PI principles)• Ensure that, from 2018, inspections of all specialist mental health services reflect the extent to which the provider ensures that people have an outcomes-focused recovery path that includes discharge and future planning and is integrated with other services, incorporating housing and other social needs <p>- Ensure (with support from the Department of Health) that data captured about experience of inpatient mental health services is represented in a form which allows comparison and improvement monitoring at national level</p>

- The healthcare system needs to reflect the growing focus on the importance of physical healthcare in mental health settings and vice versa.
- Initiatives must be fully implemented.
- Needs to be a positive impact for individuals with mental health conditions.

Recommendation 53 of Five Year Forward View for MH

“A complex landscape that does not have the young person at its centre”



Integrated regulation of CYP services

The CQC should work with Ofsted, Her Majesty's Inspectorate of Constabulary and Her Majesty's Inspectorate of Probation to undertake a Joint Targeted Area Inspection to assess how the health, education and social care systems are working together to improve children and young people's mental health outcomes.

FYFV rec 1 & 55

A fragmented system



Local:

- A shared local 'offer' from **Health and Wellbeing Boards**
- **Commissioners** must demand better data
- **Commissioners and providers** must draw on evidence and good practice to drive local improvement

Regional:

STPs and **Integrated care systems** must collaborate beyond the boundaries of health and social care

- The **Secretary of State for Health and Social Care** should drive joint action across government with an **inter-ministerial group on mental health**
- We welcome the **National Audit Office's** value for money study on children's and young people's mental health services across the system
- **Government, employers and schools** should ensure everyone working with, children and young people are trained to promote good mental health
- **Ofsted** should recognise and assess schools' role in supporting children and young peoples mental health

Thank you



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