

Mental Health 2019

Mental Health in the NHS Long Term Plan

Phoebe Robinson

Head of Mental Health, NHS England & NHS Improvement

Progress to date

All CCGs met the Mental Health Investment Standard in 2018/19.

Mental health spend made up 13.9% of local health spend in 2018/19.

The IAPT 50% recovery rate was continuously exceeded, reaching 52.1% in May 2019.

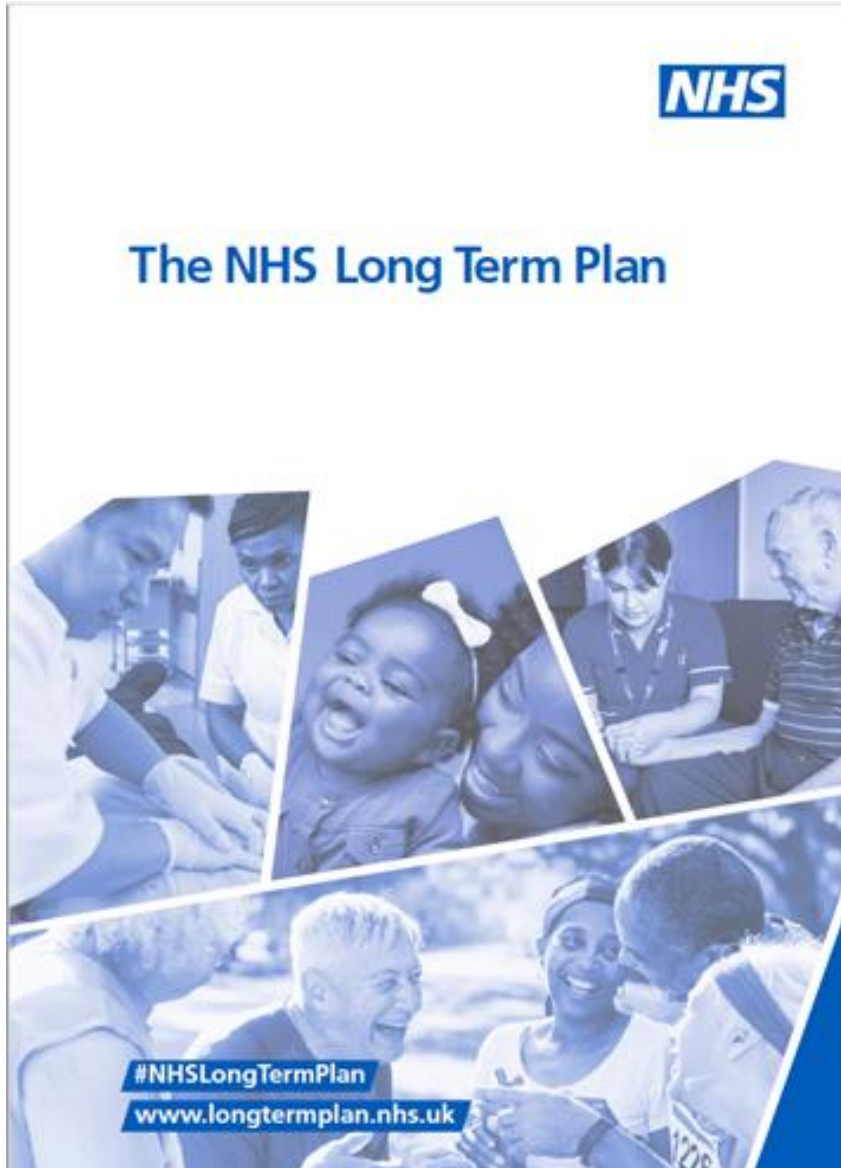
Nearly 380,000 children and young people were treated through NHS-commissioned community services in 2018/19.

83.4% children and young people access treatment for eating disorders within four weeks for routine cases (77.7% for urgent cases).

Community perinatal mental health services operate in every STP - an additional 13,000 women were seen in 2018/19.

76.5% of people start treatment for Early Intervention in Psychosis (EIP) within two weeks.

Every hospital with a consultant-led 24/7 emergency department has a specialist liaison mental health service.



NHS Long Term Plan
published in January 2019

Mental Health
Implementation Plan
published in July 2019

Mental Health in the Long Term Plan



- new ringfenced local investment fund worth at least £2.3 billion a year by 2023/24
- additional 2 million people to access care

Key deliverables of the Mental Health Implementation Plan

Reforming community mental health:

- By 2023/24, 370,000 adults and older adults with severe mental illnesses will have greater choice and control over their care – including dedicated provision for groups with specific needs, such as adults with eating disorders or a ‘personality disorder’ diagnosis.
- New transformation fund to be announced to test new integrated models of primary and community care over the next two years, before national roll out in 2021/2022.



Key deliverables of the Mental Health Implementation Plan

Improving children and young people's mental health care and supporting families:

- An additional 345,000 children and young people will access support via NHS-funded mental health services and school- or college-based Mental Health Support Teams.
- At least 66,000 women with moderate to severe perinatal mental health difficulties will have access to specialist community care from pre-conception to 24 months after birth. Their partners will be able to access an assessment for their mental health and signposting to support as required.



Key deliverables of the Mental Health Implementation Plan

Mental health crisis care:

- By 2023/24 there will be 100% coverage of 24/7 age-appropriate crisis care, via NHS 111.
- Selected mental health trusts to test new standards for urgent & emergency mental health care:
 - Expert assessment 'within hours' for emergency referrals and within 24 hours for urgent referrals in community mental health crisis services
 - Access within one hour of referral to liaison psychiatry services and children and young people's equivalent in A&E departments



Key deliverables of the Mental Health Implementation Plan

Provider Collaboratives:

- Specialised Mental Health 'New Care Models' piloted to test new ways of commissioning and delivery.
- Since 2017, 15 New Care Model pilots have delivered tangible improvements for service users and their families. Over 550 patients have been repatriated and over £30m freed up for reinvestment in local community mental health services.
- We are working on mainstreaming this approach by passing control of relevant budgets and commissioning activities to NHS-Led Provider Collaboratives.
- The LTP commits to have 100% of the country covered by NHS-led Provider Collaboratives by 2023/24.



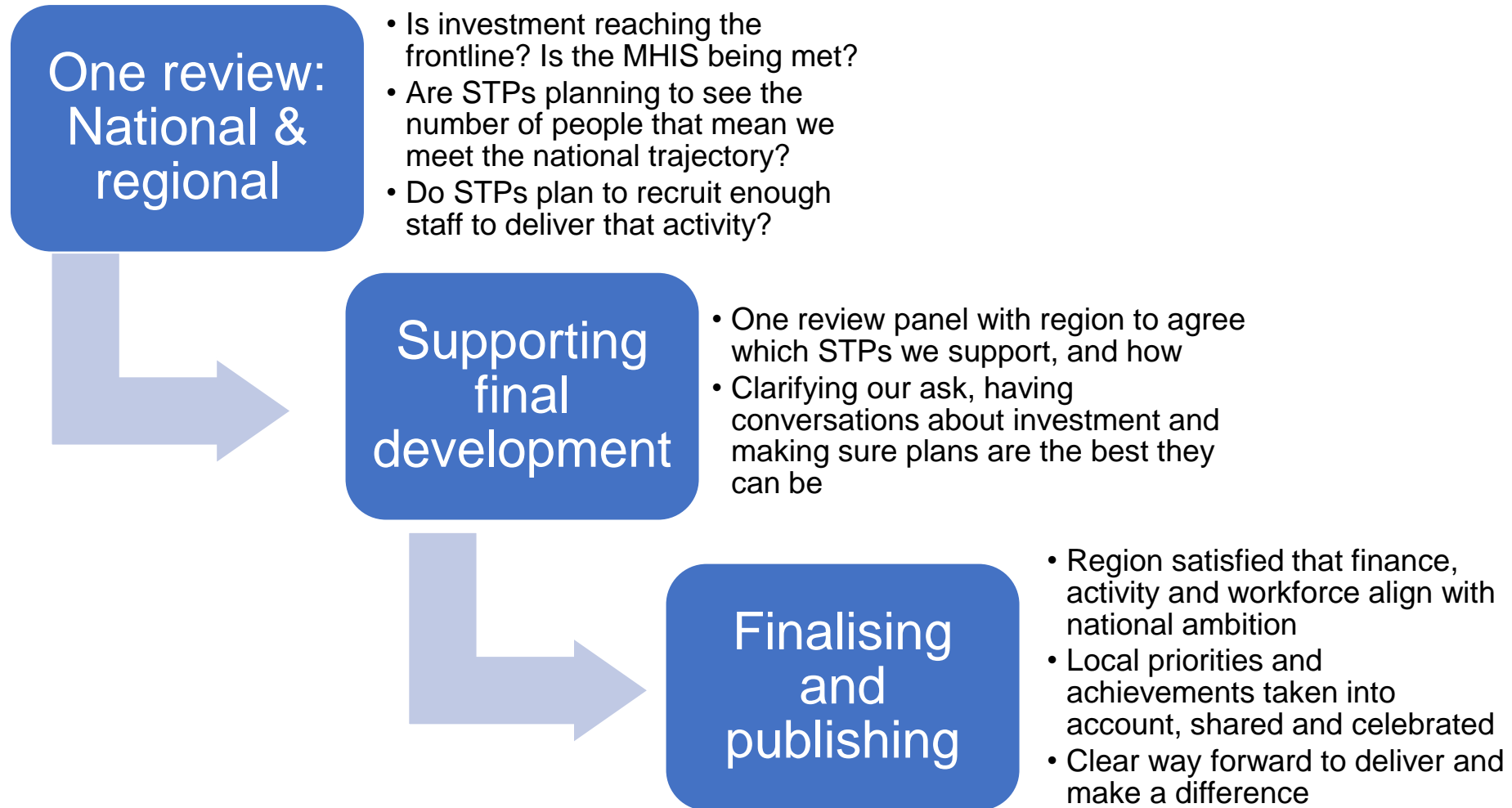
Key deliverables of the Mental Health Implementation Plan

Health inequalities:

- Increased number of specialist problem gambling clinics
- Increased mental health support for rough sleepers
- All local systems in England to embed equalities thinking in their 5-year plans
- Framework for services to improve the experience of care for black and minority ethnic patients and communities.



How we are assuring local plans





Thank you